

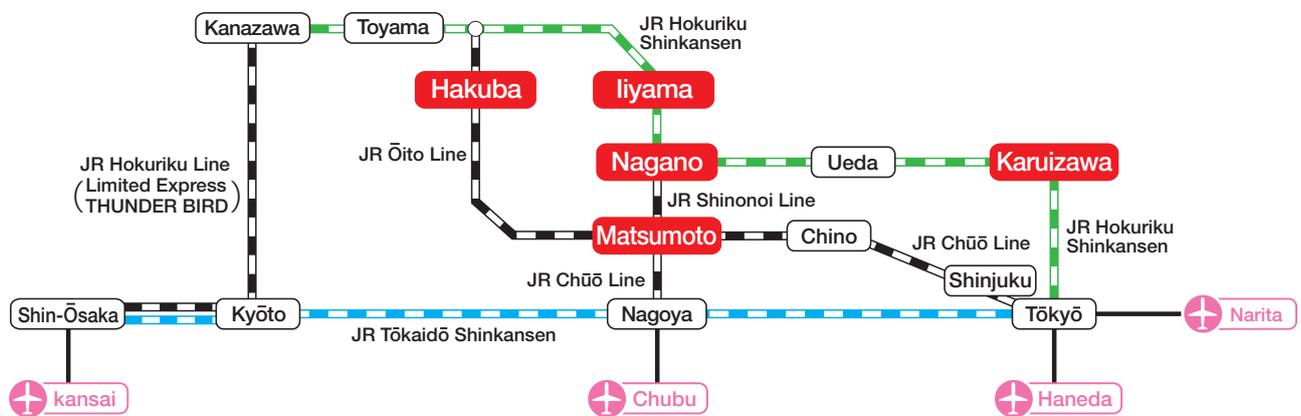


Focusing mainly on Nagano Prefecture Regional Map

Nagano Prefecture, where the 1998 winter Olympics were held, is located in the center of Japan. It is connected to Tokyo in the southeast, Nagoya in the southwest, and also to Kyoto and Osaka. To the northeast you can get to Niigata, and to the northwest, you can get to Toyama and Kanazawa. It is extremely convenient to get to any major region of Japan by railroad, or highway bus. From here, you can visit all of the major sightseeing area, and enjoy your visit to Japan.



Getting to Nagano



On-line Booking Hotel/Ryokan & Tour with information in Japan





ACCESS



NAGANO

Osaka (Kansai International Airport)
Nagoya (Chubu Centrair International Airport)
Haneda (Tokyo International Airport)
Narita International Airport



Snow Monkey
The wild monkeys who seem to enjoy bathing in the hot springs during the snowy season are enormously popular. Yamanouchi Town, Nagano Prefecture



Nikko
This dazzling shrine enshrines Tokugawa Ieyasu, the first Shogun who began the Edo Shogunate. It is a national treasure and a World Cultural Heritage site. Nikko City, Tochigi Prefecture



Kenrokuen
This Japanese-style garden is a representative example of the Edo Period, with its beauty and grandeur. It is considered one of the three best gardens in Japan. Kanazawa City, Ishikawa Prefecture



Shirakawago
Roofs referred to as gassho-zukuri (steep, thatched roofs) have a distinctive shape that was born from the wisdom of the villagers who lived in among nature. It is a World Cultural Heritage site. Shirakawa Village, Gifu Prefecture



Kyoto
Numerous temples, shrines, and other sites that are representative of Japan still remain in the former capital of Kyoto. It is popular worldwide as a city where visitors can get the greatest feel for the traditions of Japan. Visitors might even be able to catch a glimpse of a maiko (apprentice geisha). Features World Cultural Heritage sites.

Sado ga shima

Niigata (Niigata Airport)



M-WAVE
M-WAVE brought a lot of excitement to Japan during the 1998 Winter Olympic Games in Nagano as the venue for the speed skating events. Nagano Olympic Museum is the memorial corner for introducing all of the memorial days. The actual equipment used in the games can be found here.



Matsumoto Castle
This is the oldest castle of the five structure castle towers, and was built during the Warring States Period. Its black and white colors look magnificent against the mountains of the Japanese Alps, and it is a national treasure. Matsumoto City, Nagano Prefecture



Mt. Fuji
This volcano has a beautiful shape and is symbolic of the Japanese nation. The surrounding area contains numerous leisure facilities, and it is enormously popular worldwide. It is a World Cultural Heritage site.



Osaka
Featuring noteworthy sites like Osaka Castle and UNIVERSAL STUDIOS JAPAN™, the city of Osaka is also famous for its food culture. Here visitors can enjoy a unique culture that is distinctive from that found in Tokyo.



Tumago-juku
This townscape that deeply retains the feel of an old Edo style posting station has been selected as a Nationally-selected Preservation Districts for Groups of Historic Buildings. Long a bustling strategic stop for traffic where the Nakayama road and Ina road intersect.

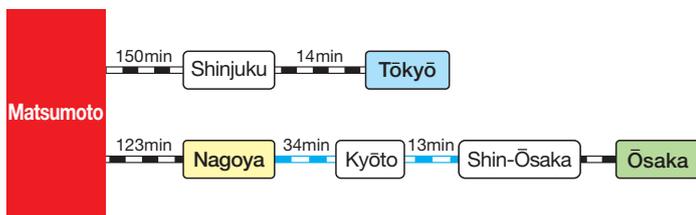
	Shinkansen
	Shinkansen
	JR Line
	Other Railroad
	Express Highway
	Bus

※All photos are images.
※The information in this pamphlet is current as of February 2019.



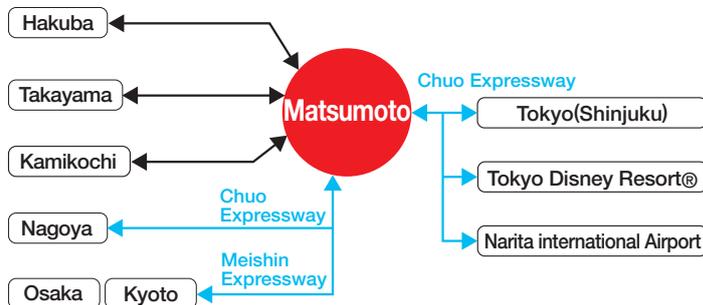
MATSUMOTO AREA

Railroad



※The indicated times show the shortest possible times.

Express Highway Bus/Express Bus



Sightseeing guide



Matsumoto Castle (Matsumoto City)

Built in the 16th century, Matsumoto Castle is Japan's oldest castle and has been designated a National Treasure. Climb the stairs to the top for a striking panoramic view of Matsumoto and the surrounding Japan Alps.

Matsumoto Station Matsumoto Castle
Approx. 15 minutes



Kamikochi (Matsumoto City)

Kamikochi is a mountain resort located in the heart of the Japan Alps. Due to its breathtaking scenery of snow-capped mountains and clear blue water, it is a favorite among nature-lovers and a great place for a hike.

Matsumoto Station Shinshimashima Station
Approx. 30 minutes
Bus Kamikochi
Approx. 65 minutes



Nawate Street (Matsumoto City)

Experience Matsumoto's history as a castle town and take a stroll down the many quirky antique stores and authentic candy stores of Nawate Street to get a feel of what a shopping street of the Edo period was like.

Matsumoto Station Nawate Street
Approx. 10 minutes



Daio Wasabi Farm (Azumino City)

The Daio Wasabi Farm is the largest wasabi farm in Japan and popular among people from all over the world. The on-site shops serve many interesting wasabi-flavored products such as wasabi ice cream and wasabi beer.

Matsumoto Station Hotaka Station
Approx. 17 minutes
Taxi Daio Wasabi Farm
Approx. 10 minutes



Matsumoto City Museum of Art (Matsumoto City)

Matsumoto's Museum of Art is filled with various pieces of modern art and features major art works of the world famous Matsumoto-born artist Yayoi Kusama.

Matsumoto Station Matsumoto City Museum of Art
Approx. 12 minutes



Norikura Highlands (Matsumoto City)

Norikura Highlands is a large scenic plateau at the base of Mt. Norikura, the 10th highest mountain in Japan. It is most famous for its huge walls of snow that you can see in late-spring which can reach up to 10 meters.

Matsumoto Station Shinshimashima Station
Approx. 30 minutes
Bus Norikura Kogen (Highlands)
Approx. 47 minutes

HOTEL INFORMATION



HOTEL BUENA VISTA

TEL : +81-263-37-0111

URL : <http://www.buena-vista.co.jp/>



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